

V. MUSCULAR SYSTEM / UPPER LIMB

SUMMARY OF MUSCLE GROUPS

CN: Color all the muscles in a single group of each view before going on to the next group.

The muscles shown are the superficial muscles of the upper limb, many of which can be felt or seen on yourself. Try to find the outline and bulk of as many of these muscles as you can as you color each group.

MUSCLES ACTING ON THE SCAPULA^A
 MUSCLES ACTING ON THE SHOULDER JOINT.
 FLEXORS OF THE ELBOW JOINT.
 EXTENSORS OF THE ELBOW JOINT.
 FLEXORS OF WRIST, HAND, & FINGERS^E
 EXTENSORS OF WRIST, HAND, & FINGERS^F
 FOREARM MUSCLES ACTING ON THE THUMB.
 THENAR & HYPOTHENAR MUSCLES^H
 OTHER MUSCLES ACTING ON THUMB & FINGERS^I

